RECURO HEALTH | Activ HEALTH

Virtual Behavioral Health

Comprehensive therapy, counseling, psychiatry and medication management

Recuro's Virtual Behavioral Health solution gives you virtual access to connect with a psychiatrist or licensed counselor through secure and private online video and phone sessions, whenever and wherever you need it. Services include ongoing counseling, medication management, and assessments – see below for our top topics our providers can help you and your family with.

Top Conditions & Topics Treated

ADHD / ADD	Sleeping Disorders	Grief & Loss
Anger Mgmnt.	Substance Abuse	PTSD
Anxiety/Depression	Stress	OCD
Bipolar Disorder	Eating Disorders	And More

Disclaimer: Disclaimer: Recuro services are for non-emergency conditions only. Recuro services are not considered insurance or a Qualified Health Plan under the Patient Protection and Affordable Care Act. Recuro doctors do not prescribe DEA controlled substances (schedule I-IV) and does not guarantee that a prescription will be written. For updated full disclosures, please visit www.recurohealth.com

What's Included in Your Plan

Scan to Download App

Psychiatry

Psychiatry and behavioral health medication management

Therapy & Counseling

Access to therapy and counseling services from social workers and psychologists

Easy Prescription Pickup

Your physician will send any prescribed prescriptions to your preferred pharmacy for easy pickup

Health Assessment

Behavioral health-focused health assessment including common issues such as depression and anxiety

Dedicated Physician

Choose your preferred physician and see them for every visit, with easy information sharing between all your Recuro physicians

RECURO HEALTH

Download Our App!

Product Highlights

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Mental Health Issues are Common
Over three quarters (76%) of U.S. workers reported at least one symptom of a mental health condition that would benefit from a behavioral health solution

48 hours

See a Doctor Quickly
Seeing a Mental Health professional in person typically means waiting an average of 26 days before getting care, with Recuro you only wait about 48 hours for your appointment

56%

Half of Adults Don't Get Treatment
Over half of adults with a mental illness receive no treatment due to access issues, financial burden, or social stigma

86%

See Promising Results
Nearly all (86%) of our members see improvements from Virtual Behavioral Health and say they have boosted their productivity both at home and work

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More Doctors Have Gone Virtual
Since the pandemic began, nearly two thirds of behavioral health care is now performed virtually, resulting in faster appointment times, meaning you get care when you need it

Scan to Get Started

Get Started Online or in the App
Scan QR Code

Request a Doctors Visit
www.recurohealth.com

Speak with Customer Service
1.855.6RECURO

Need Immediate Help?

Recuro doctors are available 24/7/365 by phone, mobile app, or online.